



District Health & Wellness Committee Meeting  
February 22, 2023  
Virtual Meeting - 3:45 pm

**I. Reports:**

- A. District Updates - Michael Byrd, Deputy Superintendent
- B. Food Services - Erin Wilkes, Director of Food Services
  - Quarterly Menu Review
    - Ark. 6.06.5
    - <https://docs.google.com/document/d/1kzgLsO4St0EVDu8L58RIwHBFNh5Tu4ytLaZPw1iZ8cM/edit>
  - Written Food & Beverage Locally Recommended List
    - Ark. 6.06.7
    - [https://docs.google.com/document/d/12RrB\\_iPDYZKTh1ixynsf1o4kbh70v089NaEq8dRhvDA/edit](https://docs.google.com/document/d/12RrB_iPDYZKTh1ixynsf1o4kbh70v089NaEq8dRhvDA/edit)
  - Written Recommendations to the School Board Regarding the Components for Food & Beverage Vending Contracts
    - Ark. 6.06.9
- C. Health Services – Vonda Morgan, Director of Nursing
- D. Counseling/Mental Health Services - Emily Taylor, Director of Counseling
- E. Safety & Security Updates - Morris Rothfeldt, Executive Director for Support Services
- F. School Health Programs – Kelly Spencer, Health & Wellness Coordinator
  - School Health Index - SY 22-23
  - Spring Fling 5K/Kids' Fun Run Information - March 18th
    - <https://www.cabotschools.org/news/10366/spring+fling+5k++kids+fun+run+2023>
    - Registration - <https://runsignup.com/Race/AR/Cabot/SpringFling5k>
  - Special Programs Track and Field - May 25th at Panther Stadium

**II. New Business**

**III. Other Business**

May Wellness Committee Meeting - April 26th at 3:45 pm - Virtual Meeting